

# Nine Day Nata Yoga Course

*with*

**Natanaga Zhander  
San Francisco Bay Area  
September 10–19, 2010**

*Held at:*

**Allegro Ballroom**

5855 Christie Avenue  
Emeryville, CA 94608

Emeryville is between Berkeley and Oakland and easily accessed from all parts of the Bay Area. Allegro Ballroom is right off the Powell St Exit from Highway 80.

**Hotels within a very short walk to Allegro Ballroom:**

**1. Woodfin Suites:**

<http://www.thehardagegroup.com/emeryville>

**2. Four Points by Sheraton:**

<http://www.starwoodhotels.com/fourpoints/index.html>

**3. Hilton Garden:**

[http://hiltongardeninn1.hilton.com/en\\_US/gi/index.do](http://hiltongardeninn1.hilton.com/en_US/gi/index.do)

**Other options:**

**1. Try VRBO.com for vacation rentals. Go to the San Francisco Bay Area:**

<http://www.vrbo.com/vacation-rentals/usa/california/san-francisco-bay-ar>